



# SUPPORT GROUPS

Lou Gehrig's Disease

January – June 2020

## LANSING

**\*ON HOLD\***

Holt United Methodist Church  
2321 N. Aurelius Rd.  
Holt, MI 48842

## MIDLAND

6:30PM - 8:00 PM  
2nd Thursday

Mid-Michigan Medical Center  
4000 Wellness Dr.  
Room H1221/ H1224  
Midland, MI 48670

January 9  
February 13  
March 12  
April 9  
May 14  
June 11

## SOUTHFIELD

6:30 PM - 8:00 PM  
1st Monday

ALS of Michigan Office  
24359 Northwestern Hwy.  
Suite 100  
Southfield, MI 48075

January 6  
February 3  
March 9\*\*  
April 6  
May 4  
June 1

## STERLING HTS.

6:30 PM - 8:00 PM  
2nd Tuesday

Utica United Methodist Church  
8650 Canal Rd.  
Sterling Heights, MI 48314

January 14  
February 11  
March 10  
April 14  
May 12  
June 9

## NORTHVILLE

6:30 PM - 8:00 PM  
3rd Tuesday

Ward Church  
40000 Six Mile Rd.  
Northville, MI 48168

January 21  
February 18  
March 17  
April 21  
May 19  
June 16

**NEW!!**

## BLOOMFIELD HILLS

*Conversations with Caregivers*  
**CAREGIVERS ONLY** support group  
5:30 PM— 7:00 PM  
Last Wednesday each month

Tim Horton's  
40 E Square Lake Rd  
Bloomfield Hills, MI

January 29  
February 26  
March 25  
April 29  
May 27  
June 24

Support groups are free and open to all pALS (people with ALS), their families, friends and caregivers (unless otherwise indicated).

Attend as many groups as you wish, in any location. All groups are drop-in; no

pre-registration is required. For information or to

be added to a support group reminder

mailing list call (800) 882-5764.

**\*\* Date change due to holiday or schedule**